

PREPARING FOR YOUR CHALLENGE COURSE EXPERIENCE!

A Challenge Course experience is in many ways just what you make of it. Although we can give you some ideas of what other people have gained from the experience, what you and your group actually take away from the experience, will be highly dependent upon what you put into it. The Challenge Course is a place where you and your group will have an opportunity to solve several problems, work together as a group, and choose to challenge yourself at a level that is comfortable for you. This idea of choosing the level of challenge that is comfortable is referred to as **CHOOSE YOUR CHALLENGE**. Another big part of the challenge course experience is the **COMMITMENT TO EXCELLENCE**. This is an agreement to go by certain guidelines regarding how we talk to each other and work with each other while on the challenge course.



The challenge course itself is a collection of cables, logs, and props that are used to present individuals and groups with a series of problems that must be solved by using cooperation, creativity, and problem solving skills. It always includes a big dose of fun, laughter, and good times in addition to the serious stuff of becoming a better working team. The Moonshadow Challenge Course on Olivet Church Road is in a beautiful setting on a wooded hillside. The sponsoring group is responsible for providing lunch and snacks although this can be provided by Moonshadow if arranged in advance. Bathrooms and water are available on site. Participants should dress comfortably. Usually some kind of tennis shoe, jeans or long shorts (depending on temperatures), and a loose fitting shirt work well for most folks.

Some other items to consider bringing are sunscreen, a hat, and insect repellent. The only other thing you need to bring is an attitude of fun and a willingness to learn from each other.

One of the goals of every challenge course experience that Moonshadow Learning Services provides is to help folks learn to use "tools" for working with others. Some of these "tools" are, better listening skills, better problem solving skills, and better relationship skills. Improving any of these will definitely make each participant a better team member and the whole team will benefit. The experience will take place out of doors for the most part so leave those desks behind for what promises to be an exciting, fun learning experience.



Moonshadow Learning Services, Inc
<http://www.moonshadow.net>





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617 Olivet Church Road
Whittier, N.C. 28789
(828) 497-5741 / email: office@moonshadow.net
<http://www.moonshadow.net>

We want your experience at the Moonshadow Challenge Course to be nothing short of excellent! In order to help us focus on the type of experience you desire, please take a few moments and reflect on the following questions and return this questionnaire or call us to discuss your thoughts on these topics.

What is the name of this group, organization, or business?

How many participants will be attending?

Have you or members of this group ever been to a Challenge Course (Ropes Course) before? If so, briefly describe where and what type of program it was.

How would you describe your group physically? (age, physical abilities, activity level, etc.)

What are the relationships or connections between the group members? (Do they work together, play together, etc.)

What are your goals for this experience?

Describe what would be the most important aspect of this training/experience for you. What would “WOW” you.

**Thank you for taking time to complete this questionnaire. Please mail it or fax it to Moonshadow.
fax#: 828 497 5782**